



Behavioural Supports Ontario

Pine Meadow Nursing Home

*“Helping seniors with responsive
behaviours, while improving quality
of life”*

Pine Meadow : Providing health and social
services to enhance quality of life

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What is BSO about?

Behavioural Supports Ontario (BSO)

is focused on helping older people with responsive behaviours associated with cognitive impairments due to complex mental health, addictions, dementia, or other neurological conditions and their caregivers.

BSO exists to enhance services for seniors providing them with the right care, at the right time and in the right place

- Everyone is treated with respect and accepted "as one is"
- Person and caregiver/family/social supports are the driving partners in care decisions
- Respect and trust characterize relationships between staff and clients and care providers.

behaviouralsupportsontario.ca



How does it work?

BSO Team can receive referrals from all staff or family members.

Referrals are followed up with an assessment, assessment tools, testing, MD involvement, also external support and brought to our collaborative meetings with a multidisciplinary team to follow up on best care decisions and a plan of action.

We find meaningful activities or tasks to bring purpose to a life again. We use Montessori activities and interventions to promote fine motor skills and cognitive exercise's to restore neural pathways.

WHY BSO?

BSO is having a tangible impact on the quality of care for frail seniors, including:

- Reduced responsive behaviours
- Improved resident quality of life
- Increased family engagement and satisfaction
- Coordinated, focused education significantly increasing behavioural management skills and increasing staff confidence
- Increased utilization of the Integrated care Team for care planning
- Improved team work and documentation
- Common language providing better collaboration and communication among care teams



